



Turning the Tide of HIV/AIDS in Africa
stephenlewisfoundation.org

December 8, 2017

Third Age Barrie
c/o Terry Macmillan
59 Puget St
Barrie, ON L4M 4N3

Dear Terry and friends at Third Age Barrie,

I'd like to thank you, sincerely and profoundly, for your recent gift of \$300.00 to the Stephen Lewis Foundation received on November 14, 2017. As requested, your support will be directed to the Grandmothers Campaign. This gift will help the grassroots organizations with whom we partner to continue and expand their innovative work in response to the AIDS pandemic, restoring lives and hope in communities across sub-Saharan Africa.

Today I'd like to share just a few examples of the ways your gift may be used to sustain and support lives and communities.

In Uganda, grandmothers are trained in income-generating activities and receive start-up grants for things like goat rearing, poultry farming, organic agriculture, and bee keeping so they can improve the financial security of their households.

In South Africa, music therapy is introduced to children who have been affected by HIV/AIDS. Music therapy provides a safe and creative space where children and youth work through the trauma of losing family members to AIDS and, for some, to cope with their own illness. Music therapy provides children with an opportunity to participate in age appropriate activities that celebrate the healthy and positive aspects of each child, rather than focusing on their illness and loss alone.

In Kenya, families supporting children orphaned by AIDS are supplied with monthly food baskets. With proper nutrition children are able to attend school regularly and better focus on their studies. Proper nutrition is also essential for people living with HIV and AIDS - a healthy diet strengthens the immune system and can slow the progress of the virus. For people receiving antiretroviral therapy, nutritious food is necessary to help their bodies handle the strong medications.

This is the kind of meaningful support your gift is helping to provide, and I cannot overemphasize its importance. You are making a concrete difference to the lives of grandmothers, women, children and people living with HIV and AIDS in Africa - and, on behalf of all us, I offer you our thanks and our heartfelt gratitude.

Warmly,

Zahra Mohamed, Director of Canadian Partnerships

Cc. Ilana Landsberg-Lewis

Our Charitable Registration Number is 89635 4008 RR0001